

CURRICULUM VITAE

FRANCES (Fran) L. PALIN, Ph.D, H.S.P.

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EDUCATION

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|-------------------------------------|--|
| Licensed Psychologist/H.S.P. | State of Tennessee: P2847 September 2008 – current |
| Postdoctoral Fellowship | Emory University School of Medicine Department of Psychiatry & Behavioral Sciences September 2007 – July 2008 Training Director: Nadine Kaslow, Ph.D., ABPP |
| Ph.D. – Clinical Psychology | Georgia State University August 2007 |
| Predoctoral Internship | University of Tennessee / Counseling Center August 2006 – July 2007 |
| M.A. – Psychology | Georgia State University January 2004 |
| B.A. – Psychology | University of Tennessee December 2000 <i>Summa Cum Laude</i> |

HONORS & AWARDS

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| Disability Resource Center | Spirit of ADA Award, Service Provider (2014) |
| Georgia State University | Richard Morrell Outstanding Graduate Student Award (2006) |
| Georgia State University | John Warkentin Award - Outstanding Potential in Psychotherapy (2004) |
| University of Tennessee | Top Graduate - College of Arts & Sciences, School of Social Sciences (2000) |
| University of Tennessee | Gordon Sherman Scholarship (1999 & 2000) |
| University of South Africa | Merit Scholarship (1998) |

SELECTED ADDITIONAL APA-APPROVED CLINICAL TRAINING

EMDR Basic Training

EMDR Consulting

July 27 - 31, 2016: Stuart, FL

Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT)

East Tennessee Learning Collaborative

September 2008 - May 2009: Knoxville, TN

Initial Mind-Body Medicine Professional Training Program

The Center for Mind-Body Medicine

October 2 - 6, 2010: Washington, DC

CURRENT PROFESSIONAL POSITION

Clinical Psychologist (fulltime) in Solo Private Practice

Individual, Couples, Family, & Group Therapy

January 2014 – current

SELECTED PAST CLINICAL EXPERIENCE

Cherokee Health Systems - 2018 Western Avenue, Knoxville, TN 37921

August 2008 – December 2013

- Federally Qualified Health Care Center & Community Mental Health Center
- Integrates primary care, behavioral health, and prevention programs
- Serves low-income, uninsured, and underserved populations
- Provides training for future psychologists

Primary Duties

- Conducted behavioral health intakes and provided individual/family therapy to a diverse population of children and adults with a variety of mental health needs, including serious mental illness.
- Coordinated care with CHS multidisciplinary team (e.g., psychiatry, primary care, case management) and outside agencies.
- Provided weekly individual and group supervision for psychology doctoral practicum students from the University of Tennessee.
- Provided weekly on-call crisis coverage.
- Provided assessment supervision, didactic training, and group supervision training for APA accredited Psychology Internship program.

Postdoctoral Fellow - Emory University School of Medicine, Department of Psychiatry & Behavioral Sciences

September 2007 – July 2008

Primary Rotations:

Fulton Resource Center

Local temporary shelter for abused and neglected youth in the custody of Child Protective Services.

- Conducted cognitive, academic, social-emotional, and personality assessments.
- Provided of brief therapy to children and adolescents in foster care.
- Supervised practicum student conducting assessments.

Virtually Better Inc.

Worldwide known as innovator in creation of Virtually Reality environments to treat anxiety disorders.

Provided outpatient individual / family therapy to adolescents and adults.

Predoctoral Intern - Counseling Center, University of Tennessee Knoxville

August 2006 – July 2007

- Conducted assessments and provided individual / crisis management services to students.
- Provided weekly individual supervision to a doctoral counseling psychology practicum student.
- Co-facilitated support groups at the Wellness Community for cancer patients and their families.

Study Therapist - Psychology Clinic, Department of Psychology, Georgia State University

May 2008 – July 2008

- Brains and Behavior – fMRI and Fear of Public Speaking Study.
- Provided manualized cognitive behavioral & virtual reality exposure treatment to participants.

Study Therapist - Psychology Clinic, Department of Psychology, Georgia State University

June 2005 – June 2006

- NIMH-funded randomized clinical trial for social anxiety.
- Provided virtual reality, cognitive behavioral therapy, and cognitive-behavioral group treatment.

Assessment Student - Pediatric Clinic, Hughes Spalding Children's Hospital, Emory University School of Medicine

August 2004 – December 2004

- Assessment practicum with children and adolescents.

SELECTED RESEARCH EXPERIENCE

Study Therapist - Department of Psychology, Georgia State University

August 2004 – June 2006

- NIMH-funded randomized clinical trial for social anxiety.
- Authored part of treatment manual; protocol development.

Research Assistant - Department of Psychology, Georgia State University

March 2003 – June 2006

- Co-author on NICHD & NIMH-funded grant - HIV-infection in South African mothers.
- Focus group development and execution. Measure development and piloting.
- Conducted structured interviews with participants in South Africa.

Research Assistant - Emory University School of Medicine, Dept. Psychiatry & Behav. Sciences

December 2001 – August 2003

- Domestic Violence & Child Maltreatment in Black Families (CDC-funded).
- Subject recruitment and administration of study protocols to women and children.

SELECTED TEACHING EXPERIENCE

Psychology Internship Program - Cherokee Health Systems

Didactic Workshops

August 2008 – December 2013

Course Instructor - Georgia State University, Department of Psychology

Leadership and Group Dynamics (*3000-level*)

January 2008 – May 2008

Lab Instructor - Georgia State University, Department of Psychology

Principles & Methods of Psychological Investigation (*3000-level*)

January 2008 – May 2008; January 2006 – May 2006; June 2005 – August 2005

Course Instructor - Georgia State University, Department of Psychology

Health Psychology (*3000-level*)

August 2004 – December 2004

Teaching Assistant – Georgia State University, Department of Psychology

Assessment Sequence I/II for 1st year graduate course (Clinical & Counseling doctoral candidates)

August 2003 – May 2004

SELECTED PUBLICATIONS

Kim, S., **Palin, F.**, Anderson, P., Edwards, S., Lindner, G., & Rothbaum, B.O. (2008). Use of skills learned in CBT for fear of flying: Managing flying anxiety after September 11th. *Journal of Anxiety Disorders*, 22(2), 301-309.

Obasaju, M.A., **Palin, F.**, Jacobs, C., Anderson, P., & Kaslow, N. (2008). Won't you be my neighbor? Using an ecological approach to examine the impact of community on revictimization. *Journal of Interpersonal Violence*, 24(1), 38-53.

Palin, F., Clayton, A., Armistead, L., Ketchen, B., Lindner, G., Kokot-Louw, P., & Pauw, A. (2008). Disclosure of maternal HIV-infection in South Africa: description and relationship to child functioning. *AIDS and Behavior*, 13(6), 1241-52.

Kaslow, N.J., Jones, C., & **Palin, F.** (2005). A relational perspective on depressed children: Family patterns and interventions. In W.M. Pinsof & J. Lebow (Eds), *Family psychology: The Art of the Science*. New York: Oxford University Press.

SELECTED CONFERENCE PRESENTATIONS

Palin, F. (2014). Reaching students through self-expression: ESOL Standard 1. Oral presentation at 2014 Academy for Instructional Excellence, July 2014.

Palin, F. & Bates, D. (2010). A Resource-based Approach to Integrative Mental Health Services with Burundian Refugees in East Tennessee. Poster presented at 138th Annual Meeting & Exposition of APHA, November 2010.

Bates, D., Palin, F., Ejike-King, L., & Spellings, C.R. (2010). "Can we ever sleep in peace?": Resettlement experiences of Burundian Refugees in an East Tennessee Community. Paper presented at 138th Annual Meeting & Exposition of APHA, November 2010.

Clayton, A., Palin, F., Armistead, L., Ketchen, B., Lindner, G., & Kokot-Louw, P. (2006). HIV Disclosure to the Children of Black South African Mothers. Symposium paper presented at the 134th Annual Meeting & Exposition of APHA, November 2006.

Armistead, L., Lindner, G., Palin, F., Ketchen, B., Kokot-Louw, P., & Pauw, A. (2006). Trauma and HIV-infection among Black South African women. Symposium paper presented at the 134th Annual Meeting & Exposition of APHA, November 2006.

Pauw, A., Kokot Louw, P., Armistead, L., Lindner, G., Palin, F., & Ketchen, B. (2006). Crossing the great divide: Lessons learned on international collaboration and community-based research on maternal HIV in South Africa. Psychological Society of South Africa, Johannesburg, South Africa.

Palin, F.L., & Armistead, L. (2006). The psychosocial functioning of black South African children of HIV-infected mothers. Poster presented at the XVI International AIDS Conference, August 2006.

Armistead, L., & Palin, F. (2006). Maternal Illness and the Black South African Child: The Role of Family Resources. Poster presented at the 40th Annual Convention of the Association for Behavioral and Cognitive Therapy. Chicago, IL, November 2006.

PROFESSIONAL ASSOCIATIONS

American Psychological Association
 National Register of Health Service Psychologists
 Past Board Member for SODELA - Non-Profit Organization for African Refugees living in the US

AD-HOC REVIEWER

AIDS and Behavior
 International Journal of Behavioral Medicine
 Journal of Adolescence

OTHER

French Language

Diplôme de Langue Française: Alliance Française de Paris (1991)
 Diplôme Supérieur d'Etudes Françaises Modernes: Alliance Française de Paris (1992)

Federal Aviation Administration - Private Pilot (2001)

REFERENCES

Lisa Armistead, Ph.D.: Acting Associate Provost for Graduate Programs, Distinguished Professor, Department of Psychology, Georgia State University, PO Box 5010, Atlanta, GA, 30303.
 Tel: (404) 413-6205. E-mail: lparmistead@gsu.edu

Bill Berez, Ph.D.: Chief Clinical Officer, Cherokee Health Systems, 2018 Western Avenue, Knoxville, TN 37921. Tel: (865) 544-0406. E-mail: bill.berez@cherokeehealth.com

Nadine Kaslow, Ph.D., ABPP, APA Past President (2014), Professor and Chief Psychologist, Emory Department of Psychiatry and Behavioral Sciences, Grady Health System, 80 Jesse Hill Jr. Drive SE, Atlanta, GA 30303, Phone: (404) 616-4757. Email: nkaslow@emory.edu