

## **CURRICULUM VITAE**

**Frances (Fran) L. Palin, Ph.D, H.S.P.**

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### **CURRENT PROFESSIONAL POSITION**

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**Clinical Psychologist** (fulltime) in Solo Private Practice  
January 2014 – current

### **EDUCATION**

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<b>Licensed Psychologist / HSP</b>	<b>State of Tennessee: P2847</b> September 2008 – current
<b>Postdoctoral Fellowship</b>	<b>Emory University School of Medicine</b> <b>Department of Psychiatry &amp; Behavioral Sciences</b> September 2007 – July 2008
<b>Ph.D. – Clinical Psychology</b>	<b>Georgia State University</b> August 2007
<b>Predoctoral Internship</b>	<b>University of Tennessee / Counseling Center</b> August 2006 – July 2007
<b>M.A. – Psychology</b>	<b>Georgia State University</b> January 2004
<b>B.A. – Psychology</b>	<b>University of Tennessee</b> December 2000 <i>Summa Cum Laude</i>

### **SELECTED ADDITIONAL CLINICAL TRAINING**

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**Past Life Regression Therapy**  
**The Weiss Institute**  
July 8 - 12, 2019: Rhinebeck, NY

**Training in EMDR**  
**EMDR Consulting**  
July 27 - 31, 2016: Stuart, FL

**Initial Mind-Body Medicine Professional Training Program**  
**The Center for Mind-Body Medicine**  
October 2 - 6, 2010: Washington, DC

**Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT)**  
**East Tennessee Learning Collaborative**  
September 2008 - May 2009: Knoxville, TN

## HONORS & AWARDS

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<b>Disability Resource Center</b>	Spirit of ADA Award, Service Provider (2014)
<b>Georgia State University</b>	Richard Morrell Outstanding Graduate Student Award (2006)
<b>Georgia State University</b>	John Warkentin Award - Outstanding Potential in Psychotherapy (2004)
<b>University of Tennessee</b>	Top Graduate - College of Arts & Sciences, School of Social Sciences (2000)
<b>University of Tennessee</b>	Gordon Sherman Scholarship (1999 & 2000)
<b>University of South Africa</b>	Merit Scholarship (1998)

## SELECTED PAST CLINICAL EXPERIENCE

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**Cherokee Health Systems** - 2018 Western Avenue, Knoxville, TN 37921  
August 2008 – December 2013

- Federally Qualified Health Care Center & Community Mental Health Center
- Integrates primary care, behavioral health, and prevention programs
- Serves low-income, uninsured, and underserved populations
- Provides training for future psychologists

### Primary Duties

- Conducted behavioral health intakes and provided individual/family therapy to a diverse population of children and adults with a variety of mental health needs, including serious mental illness.
- Coordinated care with CHS multidisciplinary team (e.g., psychiatry, primary care, case management) and outside agencies.
- Provided weekly individual and group supervision for psychology doctoral practicum students from the University of Tennessee.
- Provided weekly on-call crisis coverage.
- Provided assessment supervision, didactic training, and group supervision training for APA accredited Psychology Internship program.

**Postdoctoral Fellow - Emory University School of Medicine, Dept of Psychiatry & Behavioral Sciences**  
September 2007 – July 2008

### *Primary Rotations:*

#### Fulton Resource Center

Local temporary shelter for abused and neglected youth in the custody of Child Protective Services.

- Conducted cognitive, academic, social-emotional, and personality assessments.
- Provided of brief therapy to children and adolescents in foster care.
- Supervised practicum student conducting assessments.

#### Virtually Better Inc.

Worldwide known as innovator in creation of Virtually Reality environments to treat anxiety disorders. Provided outpatient individual / family therapy to adolescents and adults.

**Predoctoral Intern - Counseling Center, University of Tennessee Knoxville**

August 2006 – July 2007

- Conducted assessments and provided individual / crisis management services to students.
- Provided weekly individual supervision to a doctoral counseling psychology practicum student.
- Co-facilitated support groups at the Wellness Community for cancer patients and their families.

**Study Therapist - Psychology Clinic, Department of Psychology, Georgia State University**

May 2008 – July 2008

- Brains and Behavior – fMRI and Fear of Public Speaking Study.
- Provided manualized cognitive behavioral & virtual reality exposure treatment to participants.

**Study Therapist - Psychology Clinic, Department of Psychology, Georgia State University**

June 2005 – June 2006

- NIMH-funded randomized clinical trial for social anxiety.
- Provided virtual reality, cognitive behavioral therapy, and cognitive-behavioral group treatment.

**Assessment Student - Pediatric Clinic, Hughes Spalding Children's Hospital, Emory University School of Medicine**

August 2004 – December 2004

- Assessment practicum with children and adolescents.

**SELECTED RESEARCH EXPERIENCE**

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**Study Therapist - Department of Psychology, Georgia State University**

August 2004 – June 2006

- NIMH-funded randomized clinical trial for social anxiety.
- Authored part of treatment manual; protocol development.

**Research Assistant - Department of Psychology, Georgia State University**

March 2003 – June 2006

- Co-author on NICHD & NIMH-funded grant - HIV-infection in South African mothers.
- Focus group development and execution. Measure development and piloting.
- Conducted structured interviews with participants in South Africa.

**Research Assistant - Emory University School of Medicine, Dept. Psychiatry & Behav. Sciences**

December 2001 – August 2003

- Domestic Violence & Child Maltreatment in Black Families (CDC-funded).
- Subject recruitment and administration of study protocols to women and children.

## SELECTED TEACHING EXPERIENCE

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### Psychology Internship Program - Cherokee Health Systems

Didactic Workshops

August 2008 – December 2013

### Course Instructor - Georgia State University, Department of Psychology

Leadership and Group Dynamics (3000-level)

January 2008 – May 2008

### Lab Instructor - Georgia State University, Department of Psychology

Principles & Methods of Psychological Investigation (3000-level)

January 2008 – May 2008; January 2006 – May 2006; June 2005 – August 2005

### Course Instructor - Georgia State University, Department of Psychology

Health Psychology (3000-level)

August 2004 – December 2004

### Teaching Assistant – Georgia State University, Department of Psychology

Assessment Sequence I/II for 1<sup>st</sup> year graduate course (Clinical & Counseling doctoral candidates)

August 2003 – May 2004

## SELECTED PUBLICATIONS

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LeCroix, R. H., Chan, W. Y., Henrich, C., **Palin, F.**, Shanley, J., & Armistead, L. (2019). Maternal HIV and Adolescent Functioning in South Africa: The Role of the Mother-Child Relationship. *The Journal of Early Adolescence*, 13(6), 1241-52.

Kim, S., **Palin, F.**, Anderson, P., Edwards, S., Lindner, G., & Rothbaum, B.O. (2008). Use of skills learned in CBT for fear of flying: Managing flying anxiety after September 11<sup>th</sup>. *Journal of Anxiety Disorders*, 22(2), 301-309.

Obasaju, M.A., **Palin, F.**, Jacobs, C., Anderson, P., & Kaslow, N. (2008). Won't you be my neighbor? Using an ecological approach to examine the impact of community on revictimization. *Journal of Interpersonal Violence*, 24(1), 38-53.

**Palin, F.**, Clayton, A., Armistead, L., Ketchen, B., Lindner, G., Kokot-Louw, P., & Pauw, A. (2008). Disclosure of maternal HIV-infection in South Africa: description and relationship to child functioning. *AIDS and Behavior*, 13(6), 1241-52.

Kaslow, N.J., Jones, C., & **Palin, F.** (2005). A relational perspective on depressed children: Family patterns and interventions. In W.M. Pinsof & J. Lebow (Eds), *Family psychology: The Art of the Science*. New York: Oxford University Press.

## SELECTED CONFERENCE PRESENTATIONS

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**Palin, F.** (2014). Reaching students through self-expression: ESOL Standard 1. Oral presentation at 2014 Academy for Instructional Excellence, July 2014.

**Palin, F., & Bates, D.** (2010). A Resource-based Approach to Integrative Mental Health Services with Burundian Refugees in East Tennessee. Poster presented at 138<sup>th</sup> Annual Meeting & Exposition of APHA, November 2010.

Bates, D., **Palin, F.**, Ejike-King, L., & Spellings, C.R. (2010). "Can we ever sleep in peace?": Resettlement experiences of Burundian Refugees in an East Tennessee Community. Paper presented at 138<sup>th</sup> Annual Meeting & Exposition of APHA, November 2010.

Clayton, A., **Palin, F.**, Armistead, L., Ketchen, B., Lindner, G., & Kokot-Louw, P. (2006). HIV Disclosure to the Children of Black South African Mothers. Symposium paper presented at the 134<sup>th</sup> Annual Meeting & Exposition of APHA, November 2006.

Armistead, L., Lindner, G., **Palin, F.**, Ketchen, B., Kokot-Louw, P., & Pauw, A. (2006). Trauma and HIV-infection among Black South African women. Symposium paper presented at the 134<sup>th</sup> Annual Meeting & Exposition of APHA, November 2006.

Pauw, A., Kokot Louw, P., Armistead, L., Lindner, G., **Palin, F.**, & Ketchen, B. (2006). Crossing the great divide: Lessons learned on international collaboration and community-based research on maternal HIV in South Africa. Psychological Society of South Africa, Johannesburg, South Africa.

**Palin, F., & Armistead, L.** (2006). The psychosocial functioning of black South African children of HIV-infected mothers. Poster presented at the XVI International AIDS Conference, August 2006.

Armistead, L., & **Palin, F.** (2006). Maternal Illness and the Black South African Child: The Role of Family Resources. Poster presented at the 40<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapy. Chicago, IL, November 2006.

## PROFESSIONAL ASSOCIATIONS

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American Psychological Association (APA); APA Practice Organization

EMDR International Association

National Institute for the Clinical Application of Behavioral Medicine (NICABM)

National Register of Health Service Psychologists

## AD-HOC REVIEWER

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AIDS and Behavior

International Journal of Behavioral Medicine

Journal of Adolescence

## OTHER ACTIVITIES

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### French Language

Diplôme de Langue Française: Alliance Française de Paris (1991)

Diplôme Supérieur d'Etudes Françaises Modernes: Alliance Française de Paris (1992)

**Federal Aviation Administration** - Private Pilot (2001)

**The Second Degree of Traditional Reiki** (2014)

### Board Member for DenJo Stables

A non-profit organization offering underprivileged children the opportunity to experience life through horses

## REFERENCES

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**Lisa Armistead**, Ph.D.: Professor and Associate Provost for Graduate Programs, Department of Psychology, Georgia State University, PO Box 5010, Atlanta, GA, 30303. Tel: (404) 413-6205.  
E-mail: lparmistead@gsu.edu

**Bill Berez**, Ph.D.: Chief Clinical Officer, Cherokee Health Systems, 2018 Western Avenue, Knoxville, TN 37921. Tel: (865) 544-0406. E-mail: bill.berez@cherokeehealth.com

**Nadine Kaslow**, Ph.D., ABPP, APA Past President (2014), Professor and Chief Psychologist, Emory Department of Psychiatry and Behavioral Sciences, Grady Health System, 80 Jesse Hill Jr. Drive SE, Atlanta, GA 30303, Phone: (404) 616-4757. Email: nkaslow@emory.edu